

Canteen Lunch Menu 2022- 2023

Week 1

Day	Mains	Sides	Desserts
Monday	Sweet & Sour chicken and rice Mediterranean Quiche	Diced potatoes Baked beans Sweetcorn	Cakes Yoghurt Fresh fruit Jelly
Tuesday	Lasagne Creamy lattice slice	Sauté potatoes Baked beans Peas	Cakes Yoghurt Fresh fruit Jelly
Wednesday	Roast Turkey meal Vegetable bake	Mashed potatoes Roast potatoes Carrots, Peas Stuffing, Gravy	Cakes Yoghurt Fresh fruit Jelly
Thursday	Chicken Tikka Masala curry Cheese & spring onion loaded skins	Rice Naan bread	Cakes Yoghurt Fresh fruit Jelly
Friday	Fish Fishcake Fishfingers Ragu vegetable pasta	Chips Baked beans, Peas Curry sauce, Gravy	Cakes Yoghurt Fresh fruit Jelly

Freshly made sandwiches, hot wraps, pasta pots, baked potatoes, salad bar and pizza available daily, also school compliant drinks and water

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Week 2

Day	Mains	Sides	Desserts
Monday	Spaghetti Bolognese Fishfinger batch	Sauté potatoes Baked beans Sweetcorn Garlic bread	Cakes Yoghurt Fresh fruit Jelly
Tuesday	Chilli Chicken Enchilada	Diced potatoes Baked beans Broccoli	Cakes Yoghurt Fresh fruit Jelly
Wednesday	Roast beef meal Vegetable bake	Mashed potatoes Roast potatoes Carrots, Peas Yorkshire pudding, Gravy	Cakes Yoghurt Fresh fruit Jelly
Thursday	Chicken Korma curry Vegetarian chilli	Rice Naan bread	Cakes Yoghurt Fresh fruit Jelly
Friday	Fish Fishcake Fishfingers Ragu vegetable pasta	Chips Baked beans, Peas Curry sauce, Gravy	Cakes Yoghurt Fresh fruit Jelly

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Week 3

Day	Mains	Sides	Desserts
Monday	Chicken fillet burger batch Cheesy pasta	Diced potatoes Baked beans Sweetcorn	Cakes Yoghurt Fresh fruit Jelly
Tuesday	Chilli beef burritos Vegetable burger	Sauté potatoes Baked beans Peas	Cakes Yoghurt Fresh fruit Jelly
Wednesday	Roast Pork meal Vegetable bake	Mashed potatoes Roast potatoes Carrots, Peas Apple sauce, Gravy	Cakes Yoghurt Fresh fruit Jelly
Thursday	Chicken Tikka Masala curry Quorn Tikka Masala curry	Rice Naan bread	Cakes Yoghurt Fresh fruit Jelly
Friday	Fish Fishcake Fishfingers Ragu vegetable pasta	Chips Baked beans Peas Curry sauce, Gravy	Cakes Yoghurt Fresh fruit Jelly

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